

## **Directions to Alternate Practice Facilities for NJ Wave:**

### **LEHMAN COLLEGE** (about 25-30 minutes from BCC)

- Go over the George Washington Bridge to the Major Deegan North
- Exit at Van Cortland Parkway South
- At the light turn left and go up the hill
- At Sedgwick Ave. turn left
- After the second light turn right onto Goulden Ave.
- Go down two blocks to Bedford Park Boulevard West
- Make a left. Lehman College is on this road (Bedford Park Blvd.).
- You can park on the street or go down the street to the school parking lots.

### **Stevens Institute of Technology**

- Castle Point On Hudson,  
5th and Hudson Streets Hoboken, NJ 07030  
**From Northern New Jersey and George Washington Bridge**
- Take the NJ Turnpike (I-95) South to the Lincoln Tunnel (I-495) Exit.
- Follow signs towards the Lincoln Tunnel and exit before the tunnel at the "Last Exit In New Jersey, Weehawken, Hoboken" exit.
- Turn **RIGHT** at the second traffic light, this places you Southbound on Park Avenue.
- Follow signs to Hoboken.
- At 14th Street in Hoboken turn **LEFT**
- Then turn **RIGHT** onto Washington Street.
- Make a **LEFT** on 9th Street.
- Turn **RIGHT** onto Castle Point Terrace.
- Go **STRAIGHT** to **END** (8th Street).
- Entrance is directly ahead.
- Schaefer Athletic building faces Soccer / Lacrosse field. Pool is in basement of Schaefer building; use side door about 100 yds. to the right of the main entrance (looks like a utility door).

### **JCC on the Palisades** (411 E. Clinton Avenue \* Tenafly, NJ 07670 201-569-7900)

- **FROM GARDEN STATE PARKWAY NORTH**  
Exit 161 to Route 4 East. Continue directions from Route 4.
- **FROM GARDEN STATE PARKWAY SOUTH**  
Exit 163 to Route 17 South to Route 4 East.
- **FROM NEW JERSEY TURNPIKE**  
Exit 18 to Route 46 East to Grand Avenue. Proceed North past Route 4 and continue as described below (from Route 4).
- **FROM ROUTE 4**  
Exit at Grand Avenue/Englewood. Follow Grand Avenue North about 1 mile, where it becomes Engle Street. Continue on Engle Street past Englewood Hospital. 2nd Traffic light past hospital make right onto E. Clinton Avenue. JCC is approximately 1 mile on left.
- **FROM NORTH**  
Take Palisades Parkway South and get off at Exit 2. Make left off ramp onto Route 9W South. At 3rd light make right onto E. Clinton Avenue. JCC is 3/4 mile on right.

**PASSAIC COUNTY TECHNICAL INSTITUTE (from Bergen Community College)**

**45 Reinhardt Rd**

**Wayne, NJ 07470**

- **From Route 80 West**
- **Take exit 56 Squirrelwood Rd.; go to the right at the end of the exit ramp.**
- **Make your first left (Glover Ave) go to the dead end of Glover**
- **Make a right. This will put you on River Terrace, which immediately turns into Totowa Avenue.**
- **Follow Totowa Ave and at the traffic light make a left onto Preakness Ave, (John F Kennedy high school will be on the right corner)**
- **Preakness Ave will fork (at a large ballfield); stay to your right onto Oldham Road.**
- **The next right turn is Reinhardt Ave.**
- **From Route 4 West follow signs to 208 North**
- **Take the Maple Avenue South exit (Paterson/Hawthorne), this is the 2nd Maple ave exit.**
- **Off the exit go to your right, follow signs to Paterson.**
- **At the first traffic light make a right onto Wagaraw Road.**
- **Follow Wagaraw to the 3rd traffic light, make a right up the hill onto Mohawk Ave (There will be a 7-11 on your left and a Lube express on your right.) One block.**
- **At the stop sign make a left onto North 8th Ave.**
- **N. 8th ave dead ends, make a right onto Haledon Avenue.**
- **Haledon Avenue becomes Pompton Road (when you pass Big Jims Pizza) Follow Pompton Road, you will pass William Paterson University**
- **At the first traffic light make a left onto Hamburg Turnpike. The road curves stay to the right, this will put you on Oldham road.**
- **Follow Oldham (about .8 mile) make a left onto Reinhardt (just before a big ballfield)**

**GARFIELD BOYS AND GIRLS CLUB**

- **Take Garden State Parkway South.**
- **Take the first exit (Saddlebrook) after passing through the Bergen Toll Plaza.**
- **Bear right from exit ramp.**
- **Keep bearing right onto Midland Ave (passing over the parkway).**
- **Go through the 3rd light (Outwater Lane).**
- **The Boys and Girls Club will be on your left across from Garfield Park and pond.**

**LODI BOYS AND GIRLS CLUB**

- **Take Route 17 South**
- **Take the FAIRVIEW AVE ramp towards ROCHELLE PK.(0.16 miles)**
- **Merge onto S FARVIEW AVE.(0.14 miles)**
- **ROCHELLE AVE becomes N. MAIN ST. (1.25 miles)**
- **N. MAIN ST becomes MEMORIAL DR. (0.34 miles)**
- **MEMORIAL DR becomes PASSAIC AVE.(0.05 miles)**
- **BOY'S CLUB IS LOCATED AT: 460 PASSAIC AVE, LODI**

## **WASHINGTON TOWNSHIP**

### **From BCC:**

- **Take Route 17 North to Washington Township/Hillsdale/Westwood exit (shortly after Metropolitan Plant exchange-green bldg on 17 north) and across from K-Mart (which is on the other side of hwy).**
- **Take the exit on the right and go to your first traffic light.**
- **Make a right at the first light on to East Glen Ave.**
- **Follow the winding road (you will cross a small bridge) and you will make a left onto Ridgewood Ave (before you come to the traffic light).**
- **Travel approximately 4 blocks and make a left onto Ridgewood Blvd East.**
- **Gate and pool entrance will be straight ahead.**